

January 2018

RHS

BREAKFAST



OTHER DAILY OFFERINGS MAY INCLUDE:
Cereal Bars, Pop-Tarts, Muffins, Mini Loaves,
Honey Buns, Cereal Pouches

This institution is an equal opportunity provider.



Daily Servings: 1 oz. eq. grains/breads daily (Minimum 9 Oz. per week)
1 oz. meat/meat alternate may be substituted for 1 oz. grain after daily minimum is met
1 cup fruit daily (5 cups per week)
1 cup milk daily (5 cups per week).



Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Year!

1

In-service Day Teachers
& Staff

2

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

3

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

4

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk

5

Chicken Smackers Biscuit
Fruit Choice
100% Juice Milk

8

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

9

Cinni Mini's
Fruit Choice
100 % Juice
Milk

10

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

11

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

12

Martin Luther King Day
No School

15

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

16

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk

17

Chicken Smackers Biscuit
Fruit Choice
100% Juice Milk

18

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

19

Cinni Mini's
Fruit Choice
100 % Juice
Milk

22

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

23

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

24

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

25

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk

26

Chicken Smackers Biscuit
Fruit Choice
100% Juice Milk

29

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

30

Cinni Mini's
Fruit Choice
100 % Juice
Milk

31

