

January 2018

DES, PES & DCMS

BREAKFAST



This institution is an equal opportunity provider.



Daily Servings: 1 oz. grains/breads daily. Minimum 7ozs. (K-5) 8 ozs. (6-8) Maximum 10 ozs. For both. 1 oz. meat/meat alternate may be substituted for 1 oz. grain after daily minimum is met. 1 cup fruit daily (5 cups per week) 1 cup milk daily (5 cups per week.)



Monday

Happy New Year!

1

Tuesday

In-service Day Teachers & Staff

2

Wednesday

Chicken Smackers & Biscuit Fruit Choice
100 % Juice Milk

3

Thursday

Pancake on a Stick or Cinni Mini's
Fruit Choice
Juice Milk

4

Friday

Scrambled Eggs
Biscuit w/Jelly
Fruit Choice
100% Juice
Milk

5

Sausage and Biscuit
Fruit Choice
100% Fruit Juice
Milk

8

French Toast or Waffle
Sticks Fruit Choice
100% Fruit Juice Milk

9

Chicken & Biscuit
Fruit Choice
100 % Fruit Juice Milk

10

Breakfast Pizza
Fruit Choice
100% Fruit Juice Milk

11

Ham & Cheese Croissant
Fruit Choice
Juice Milk

12

Martin Luther King Day
No School

15

Scrambled Eggs
Biscuit w/Jelly
Fruit Choice
100% Juice
Milk

16

Pancake on a Stick or Cinni Mini's
Fruit Choice
Juice Milk

17

Chicken Smackers & Biscuit
Fruit Choice
100 % Juice Milk

18

Sausage and Biscuit
Fruit Choice
100% Fruit Juice
Milk

19

French Toast or Waffle
Sticks Fruit Choice
100% Fruit Juice Milk

22

Chicken & Biscuit
Fruit Choice
100 % Fruit Juice Milk

23

Breakfast Pizza
Fruit Choice
100% Fruit Juice Milk

24

Ham & Cheese Croissant
Fruit Choice
Juice Milk

25

Chicken Smackers & Biscuit
Fruit Choice
100 % Juice Milk

26

Scrambled Eggs
Biscuit w/Jelly
Fruit Choice
100% Juice Milk

29

Pancake on a Stick or Cinni Mini's
Fruit Choice
Juice Milk

30

Sausage and Biscuit
Fruit Choice
100% Fruit Juice
Milk

31

