

February 2018

DES, PES & DCMS



Panther Paw Pack offered everyday as an entrée choice. Mon-Wed-Fri PB & J Tues-Thurs Deli Ham or Turkey



This institution is an equal opportunity provider



LUNCH MEAL PATTERN

2 oz. grain (8 oz. minimum per week)
 2 oz. meat/meat alternate (8-9 oz. minimum per week)
 1 Cup vegetable daily (3 ¼ cups per week minimum)
 ½ cup fruit daily (2 ½ cups per week)
 1 cup Milk daily



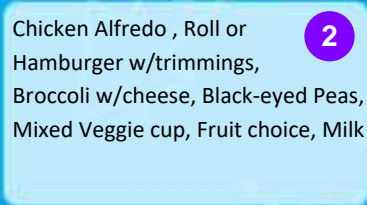
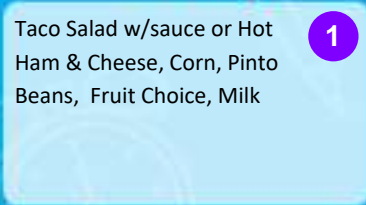
Monday

Tuesday

Wednesday

Thursday

Friday



Chicken & Dumplings **5**
 w/Cornbread or Corn Dog, White Beans, Sweet Potato Fries, Baby Carrots w/dip, Fruit Choice, Milk

Spaghetti w/Breadstick or **6**
 Chicken Strip Sandwich, Baked Potato, Green Beans, Broccoli Salad, Fruit Choice, Milk

Chicken Smackers w/roll or **7**
 Pizza, Steamed Veggies, Mixed Romaine Salad w/Tomato, Tater Tots, Fruit Choice, Milk

BBQ Sandwich or Calzone, **8**
 Baked Beans, French Fries, Creamy Coleslaw, Fruit Choice, Milk

Chili w/crackers or **9**
 Cheeseburger w/trimmings, Cheese Toast, Tater Triangles, Mixed Veggie cup, Fruit Choice, Milk

Beef a Roni w/Breadstick or **12**
 Hot Dog w/trimmings, Broccoli w/cheese, Baby Carrots w/dip, Baked Beans, Fruit Choice, Milk

Steak w/gravy or Chicken **13**
 Smackers, Cornbread, Black-eyed Peas, Creamed Potatoes, Fruit Choice, Milk

Ham & Macaroni w/Cheese, **14**
 Roll or Stuffed Crust Pizza, Green Beans, Creamy Corn, Mixed Romaine Salad w/Tomato, Fruit Choice, Milk

Parent Teacher Conference **15**
 (No Students)

Staff Development **16**
 (No Students)

President's Day (No School) **19**

Hamburger Steak w/Roll or **20**
 Chicken Strip Sandwich, Roasted Potatoes, Mixed Romaine Salad w/Tomato, Broccoli w/cheese, Fruit Choice, Milk

Fish w/Hushpuppies or Pizza **21**
 Max Sticks, French Fries, Turnip Greens, Creamy Coleslaw, Fruit choice, Milk

BBQ Nachos or Calzone, Pinto **22**
 Beans, Corn on the Cob, Steamed Veggies, Fruit Choice, Milk

Vegetable Beef Soup **23**
 w/Crackers or Cheeseburger w/trimmings, Tator Triangles, Cheese Toast, Baby Carrots w/dip, Fruit Choice, Milk

Meatball Sub or Hot Dog, **26**
 Spicy Fries, Baked Beans, Fruit Choice, Milk

Turkey Roast w/Gravy, or **27**
 Chicken Smackers, Roll, Black-eyed Peas, Glazed Carrots, Fruit Choice, Milk

Lasagna w/Breadstick or **28**
 Pizza, Green Beans, Baked Potato, Mixed Romaine Salad w/Tomato, Fruit Choice, Milk

