

# February 2018

## DES, PES & DCMS

### BREAKFAST



This institution is an equal opportunity provider.



**Daily Servings:** 1 oz. grains/breads daily. Minimum 7ozs. ( K-5) 8 ozs. (6-8) Maximum 10 ozs. For both. 1 oz. meat/meat alternate may be substituted for 1 oz. grain after daily minimum is met. 1 cup fruit daily (5 cups per week) 1 cup milk daily (5 cups per week.)



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Chicken Smackers & Biscuit Fruit Choice  
100 % Juice Milk

French Toast or Waffle Sticks Fruit Choice  
100% Fruit Juice Milk

Chicken & Biscuit Fruit Choice  
100 % Fruit Juice Milk

Breakfast Pizza Fruit Choice  
100% Fruit Juice Milk

Ham & Cheese Croissant Fruit Choice  
Juice Milk

Scrambled Eggs Biscuit w/Jelly Fruit Choice  
100% Juice Milk

Pancake on a Stick or Cinni Mini's Fruit Choice  
Juice Milk

Sausage and Biscuit Fruit Choice  
100% Fruit Juice Milk

Chicken & Biscuit Fruit Choice  
100 % Juice Milk

French Toast or Waffle Sticks Fruit Choice  
100% Fruit Juice Milk

Parent Teacher Conference (No Students)

Staff Development (No Students)

President's Day (No School)

Chicken & Biscuit Fruit Choice  
100 % Fruit Juice Milk

Breakfast Pizza Fruit Choice  
100% Fruit Juice Milk

Ham & Cheese Croissant Fruit Choice  
Juice Milk

Scrambled Eggs Biscuit w/Jelly Fruit Choice  
100% Juice Milk

Pancake on a Stick or Cinni Mini's Fruit Choice  
Juice Milk

Sausage and Biscuit Fruit Choice  
100% Fruit Juice Milk

Chicken Smackers & Biscuit Fruit Choice  
100 % Juice Milk

