

# September 2017

## RIVERSIDE HIGH SCHOOL

### BREAKFAST



OTHER DAILY OFFERINGS MAY INCLUDE:  
Cereal Bars, Pop-Tarts, Muffins, Mini Loaves,  
Honey Buns, Cereal Pouches

This institution is an equal opportunity provider.



Daily Servings: 1 oz. eq. grains/breads daily ( Minimum 9 Oz. per week)  
1 oz. meat/meat alternate may be substituted for 1 oz.  
grain after daily minimum is met  
1 cup fruit daily ( 5 cups per week)  
1 cup milk daily ( 5 cups per week).

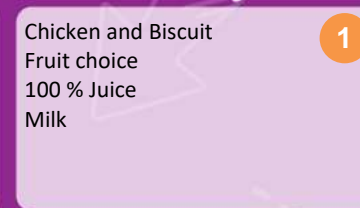
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Labor Day ( No School) **4**

Ham & Cheese Croissant **5**  
Fruit Choice  
100 % Juice  
Milk

Waffle Funnel cake **6**  
Fruit Choice  
100 % Juice  
Milk

Sausage & Biscuit **7**  
Fruit Choice  
100 % Juice  
Milk

Breakfast Pizza **8**  
Fruit Choice  
100 % Juice  
Milk

Cinni Mini's **11**  
Fruit Choice  
100 % Juice  
Milk

Chicken and Biscuit **12**  
Fruit choice  
100 % Juice  
Milk

Ham & Cheese Croissant **13**  
Fruit Choice  
100 % Juice  
Milk

Waffle Funnel cake **14**  
Fruit Choice  
100 % Juice  
Milk

Staff Development **15**  
(No School)

Breakfast Pizza **18**  
Fruit Choice  
100 % Juice  
Milk

Cinni Mini's **19**  
Fruit Choice  
100 % Juice  
Milk

Chicken and Biscuit **20**  
Fruit choice  
100 % Juice  
Milk

Ham & Cheese Croissant **21**  
Fruit Choice  
100 % Juice  
Milk

Waffle Funnel cake **22**  
Fruit Choice  
100 % Juice  
Milk

Sausage & Biscuit **25**  
Fruit Choice  
100 % Juice  
Milk

Breakfast Pizza **26**  
Fruit Choice  
100 % Juice  
Milk

Cinni Mini's **27**  
Fruit Choice  
100 % Juice  
Milk

Chicken and Biscuit **28**  
Fruit choice  
100 % Juice  
Milk

Ham & Cheese Croissant **29**  
Fruit Choice  
100 % Juice  
Milk