

# September 2017

## DES, PES AND DCMS

### BREAKFAST



This institution is an equal opportunity provider.

Daily Servings: 1 oz. grains/breads daily. Minimum 7ozs. ( K-5) 8 ozs. (6-8) Maximum 10 ozs. For both. 1 oz. meat/meat alternate may be substituted for 1 oz. grain after daily minimum is met. 1 cup fruit daily (5 cups per week) 1 cup milk daily (5 cups per week.)



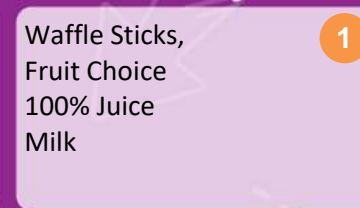
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Labor Day (No School) **4**

Breakfast Pizza **5**  
Fruit Choice  
100% Juice  
Milk

Chicken and Biscuit **6**  
Fruit Choice  
100% Juice  
Milk

Pancake on a Stick or Cinni Minis **7**  
Fruit Choice  
100% Juice  
Milk

Waffle Sticks, Fruit Choice **1**  
100% Juice  
Milk

Sausage and Biscuit **11**  
Fruit Choice  
100% Fruit Juice  
Milk

French Toast Sticks **12**  
Fruit Choice  
100% Juice  
Milk

Breakfast Pizza **13**  
Fruit Choice  
100% Juice  
Milk

Chicken and Biscuit **14**  
Fruit Choice  
100% Juice  
Milk

Scrambled Eggs **8**  
Biscuit w/Gravy  
Fruit Choice  
100% Juice  
Milk

Scrambled Eggs **18**  
Biscuit w/Gravy  
Fruit Choice  
100% Juice  
Milk

Waffle Sticks or Cinni Minis, Fruit Choice **19**  
100% Juice  
Milk

Breakfast Pizza **20**  
Fruit Choice  
100% Juice  
Milk

Pancake on a Stick **21**  
Fruit Choice  
100% Juice  
Milk

Staff Development (No School) **15**

Chicken and Biscuit **25**  
Fruit Choice  
100% Juice  
Milk

French Toast Sticks **26**  
Fruit Choice  
100% Juice  
Milk

Breakfast Pizza **27**  
Fruit Choice  
100% Juice  
Milk

Pancake on a Stick **28**  
Fruit Choice  
100% Juice  
Milk

Sausage and Biscuit **22**  
Fruit Choice  
100% Fruit Juice  
Milk

Scrambled Eggs **29**  
Biscuit w/Gravy  
Fruit Choice  
100% Juice  
Milk