

October 2017

RHS

BREAKFAST



OTHER DAILY OFFERINGS MAY INCLUDE:
Cereal Bars, Pop-Tarts, Muffins, Mini Loaves,
Honey Buns, Cereal Pouches

This institution is an equal opportunity provider.



Daily Servings: 1 oz. eq. grains/breads daily (Minimum 9 Oz. per week)
1 oz. meat/meat alternate may be substituted for 1 oz.
grain after daily minimum is met
1 cup fruit daily (5 cups per week)
1 cup milk daily (5 cups per week).

Monday

Tuesday

Wednesday

Thursday

Friday

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

2

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

3

Cinni Mini's
Fruit Choice
100 % Juice
Milk

4

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

5

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

6

Fall Break



9

Fall Break

10

Fall Break

11

Fall Break

12

Fall Break

13



Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

16

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

17

Cinni Mini's
Fruit Choice
100 % Juice
Milk

18

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

19

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

20

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk

23

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

24

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

25

Cinni Mini's
Fruit Choice
100 % Juice
Milk

26

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

27

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

30

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk

31

