

November 2017

RHS

BREAKFAST



OTHER DAILY OFFERINGS MAY INCLUDE:
Cereal Bars, Pop-Tarts, Muffins, Mini Loaves,
Honey Buns, Cereal Pouches

This institution is an equal opportunity provider.



Daily Servings: 1 oz. eq. grains/breads daily (Minimum 9 Oz. per week)
1 oz. meat/meat alternate may be substituted for 1 oz.
grain after daily minimum is met
1 cup fruit daily (5 cups per week)
1 cup milk daily (5 cups per week).



Monday

Tuesday

Wednesday

Thursday

Friday



Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

1

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

2

Cinni Mini's
Fruit Choice
100 % Juice
Milk

3

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

6

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

7

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk

8

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

9

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

10

Cinni Mini's
Fruit Choice
100 % Juice
Milk

13

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

14

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

15

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

16

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

17

Thanksgiving Break
20th-24th

20



21

Give Thanks

22



23

Happy Fall

24

Chicken and Biscuit
Fruit choice
100 % Juice
Milk

27

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk

28

Breakfast Pizza
Fruit Choice
100 % Juice
Milk

29

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk

30

