

November 2017

DES, PES & DCMS

BREAKFAST



This institution is an equal opportunity provider.



Daily Servings: 1 oz. grains/breads daily. Minimum 7ozs. (K-5) 8 ozs. (6-8) Maximum 10 ozs. For both. 1 oz. meat/meat alternate may be substituted for 1 oz. grain after daily minimum is met. 1 cup fruit daily (5 cups per week) 1 cup milk daily (5 cups per week.)



Monday

Tuesday

Wednesday

Thursday

Friday



Pancake on a Stick or Cinni Minis Fruit Choice 100% Juice Milk 1

Sausage and Biscuit Fruit Choice 100% Fruit Juice Milk 2

French Toast Sticks Fruit Choice 100% Juice Milk 3

Chicken and Biscuit Fruit Choice 100% Juice Milk 6

Waffle Sticks or Cinni Minis, Fruit Choice 100% Juice Milk 7

Breakfast Pizza Fruit Choice 100% Juice Milk 8

Scrambled Eggs Biscuit w/Gravy Fruit Choice 100% Juice Milk 9

Pancake on a Stick Fruit Choice 100 % Juice Milk 10

Sausage and Biscuit Fruit Choice 100% Fruit Juice Milk 13

French Toast Sticks Fruit Choice 100% Juice Milk 14

Chicken and Biscuit Fruit Choice 100% Juice Milk 15

Breakfast Pizza Fruit Choice 100% Juice Milk 16

Scrambled Eggs Biscuit w/Jelly Fruit Choice 100% Juice Milk 17

Thanksgiving Break 20th – 24th 20



Give Thanks 22



Happy Fall 24

Waffle Sticks or Cinni-Minis Fruit Choice 100 % Juice Milk 27

Chicken and Biscuit Fruit Choice 100% Juice Milk 28

Breakfast Pizza Fruit Choice 100% Juice Milk 29

Sausage and Biscuit Fruit Choice 100% Fruit Juice Milk 30

