

# December 2017

RHS

## LUNCH



Paw pack, Cheeseburger, Chicken sandwich, Pizza and a variety of milk choices offered daily. Stuffed crust Pizza will be offered on Wednesday.  
This institution is an equal opportunity provider



Lunch Meal Pattern: 2oz. Meat/Meat alternate (10 oz. min. per week)  
2 oz. Grain equiv. daily (10 oz. min per week)  
1 cup of Fruit daily (5 cups per week)  
1 cup of Vegetables daily (5 cups per week)  
1 cup of Milk daily (5 cups per week)



Monday

Tuesday

Wednesday

Thursday

Friday



Chili, Crackers, Cheese Toast, **1**  
Tater Tots, Baby Carrots w/dip,  
Fruit Choice, Milk

Chicken Strips, Cornbread, **4**  
Purple Hull Peas, Mashed Potatoes,  
Fruit Choice, Milk

BBQ Sandwich, French Fries, **5**  
Baked Beans, Creamy Coleslaw,  
Fruit Choice, Milk

Stromboli w/Salsa, **6**  
Steamed Veggies, Baked Potato,  
Mixed Romaine Salad w/Tomatoes,  
Fruit Choice, Milk

Macaroni & Cheese w/Ham, **7**  
Roll, Creamy Corn, Glazed Carrots,  
Fruit Choice, Milk

Chicken Smackers, Roll, **8**  
Green Beans, Mixed Romaine Salad  
w/Tomato, Baby Carrots w/dip, Fruit  
Choice, Milk

Taco Meat, Soft Shell Tortilla, **11**  
Tomato, Lettuce, Cheese, Whole  
Kernal Corn, Pinto Beans, Baby  
Carrots w/dip, Fruit Choice, Milk

Pork Roast, Cornbread, **12**  
Black-eyed Peas, Sweet  
Potatoes, Fruit Choice, Milk

Turkey w/Gravy, Roll, Mashed **13**  
Potatoes, Green Beans, Broccoli  
w/Cheese, Fruit Choice, Milk

Manager's Choice **14**

Early Dismissal **15**  
No Breakfast or Lunch Served

Christmas Break! **18**



First Day of Winter **21**



Merry Christmas! **25**



Happy New Year! **29**