

December 2017

RHS

BREAKFAST



OTHER DAILY OFFERINGS MAY INCLUDE:
Cereal Bars, Pop-Tarts, Muffins, Mini Loaves,
Honey Buns, Cereal Pouches

This institution is an equal opportunity provider.



Daily Servings: 1 oz. eq. grains/breads daily (Minimum 9 Oz. per week)
1 oz. meat/meat alternate may be substituted for 1 oz.
grain after daily minimum is met
1 cup fruit daily (5 cups per week)
1 cup milk daily (5 cups per week).

Monday

Tuesday

Wednesday

Thursday

Friday



Cinni Mini's
Fruit Choice
100 % Juice
Milk **1**

Chicken and Biscuit
Fruit choice
100 % Juice
Milk **4**

Breakfast Pizza
Fruit Choice
100 % Juice
Milk **5**

Waffle Funnel cake
Fruit Choice
100 % Juice
Milk **6**

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk **7**

Ham & Cheese Croissant
Fruit Choice
100 % Juice
Milk **8**

Chicken Smackers Biscuit
Fruit Choice
100% Juice Milk **11**

Breakfast Pizza
Fruit Choice
100 % Juice
Milk **12**

Sausage & Biscuit
Fruit Choice
100 % Juice
Milk **13**

Manager's Choice **14**

School Dismisses Early 15
No Breakfast or Lunch Served

Christmas Break 18



First Day of Winter 21



Merry Christmas 25



Happy New Year 29