

December 2017

DES, PES & DCMS

BREAKFAST



This institution is an equal opportunity provider.



Daily Servings: 1 oz. grains/breads daily. Minimum 7ozs. (K-5) 8 ozs. (6-8) Maximum 10 ozs. For both. 1 oz. meat/meat alternate may be substituted for 1 oz. grain after daily minimum is met. 1 cup fruit daily (5 cups per week) 1 cup milk daily (5 cups per week.)

Monday

Tuesday

Wednesday

Thursday

Friday



Scrambled Eggs
Biscuit w/Jelly
Fruit Choice
100% Juice
Milk

1

Pancake on a Stick or
Cinni Mini's
Fruit Choice
Juice Milk

4

Sausage and Biscuit
Fruit Choice
100% Fruit Juice
Milk

5

Mini Pancakes or Cereal
Fruit Choice
Juice Milk

6

Chicken & Biscuit
Fruit Choice
100 % Fruit Juice Milk

7

Breakfast Pizza
Fruit Choice
Juice Milk

8

Ham & Cheese Croissant
Fruit Choice
Juice Milk

11

Scrambled Eggs
Biscuit w/Jelly
Fruit Choice
100% Juice
Milk

12

Chicken Smackers &
Biscuit Fruit Choice
100 % Juice Milk

13

Manager's Choice

14

School Dismisses Early
No Breakfast or Lunch Served

15



18

Christmas Break

19



20



21



22

Merry Christmas

25



26



27

Christmas Break

28

Happy New Year

29